In order to provide prompt attention in the event that a crisis, illness, or emergency situation occurs while you are on our premises or participating in telepsychology services, the AUPSC asks that you provide contact information for individual(s) who you wish to be contacted to assist in addressing the situation.

If you are incapacitated or otherwise unable to make decisions regarding your health care, AUPSC will attempt to contact the person(s) who you list. Assessing and evaluating threats and other emergencies can be more difficult when conducting telepsychology than in traditional in-person therapy. To address some of these difficulties, you and your graduate clinician will create an emergency plan before engaging in telepsychology services.

This document serves as an obtain/release form allowing your AUPSC graduate clinician to contact your emergency contact person as needed during such a crisis or emergency.

**Emergency Contact Information**

Name: ____________________________

Phone: ____________________________

Relationship: ____________________________

Email: ____________________________

**Loss of Connection during Telepsychology**

If your telepsychology session is interrupted and you are not having an emergency, disconnect from the session and wait for your graduate clinician to re-initiate contact with you. Your graduate clinicians will wait two (2) minutes and then re-contact you via the telepsychology platform on which you agreed to conduct therapy. If you do not receive a call back within two (2) minutes, then email your graduate clinician for additional instructions.

If there is a technological failure and your graduate clinician is unable to resume the connection, you will only be charged the prorated amount of actual session time.

If your telepsychology session is interrupted for any reason AND you are having an emergency, DO NOT try to re-establish a video call with your clinician. Instead, call 911, or go to your nearest emergency room. Email your graduate clinician after you have called or obtained emergency services.

**Emergency Services Information**

Call 911 for immediate assistance

National Suicide Prevention Lifeline 1-800-273-8255 (TALK)

Crisis Text Line Text CONNECT to 741741

East Alabama Mental Health Emergencies 1-800-815-0630

East Alabama Medical Center - Emergency Service 334-528-1150